

# RECOGNIZING A STROKE

EVERY MINUTE COUNTS! ACT F.A.S.T.

**Face** Ask the person to smile.  
Does one side of the face droop?

**Arms** Ask the person to raise both arms. Does one arm  
drift downward? Is one arm weak or numb?

**Speech** Ask the person to repeat a simple sentence. Is  
speech slurred? Is the sentence repeated correctly?

**Time** If the person shows any of these symptoms,  
call 911 immediately!

Strokes are the leading cause of disability and the third leading cause of death in the United States. Treatments are now available that can help many stroke victims – if they are seen in time.

St. Anthony Hospital

 Centura Health.

s t a n t h o n y h o s p . o r g

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